

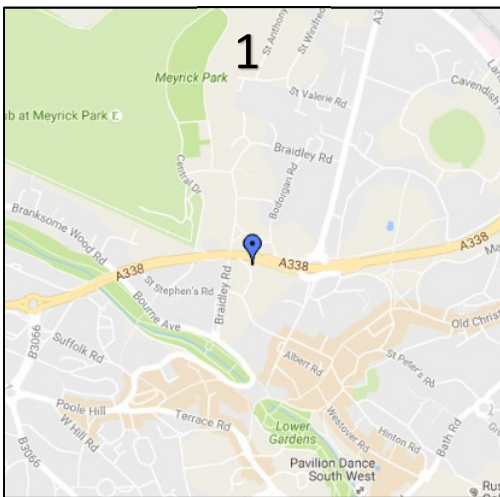
**Useful Numbers**

Organisation	Contact
Bournemouth & Poole Rough Sleepers Team (Mon – Fri 6am – 5pm)	01202 315962
Bournemouth Council Out of Hours Emergency Support	01202 451145
Homelessness Mental Health Support (Melissa Scott)	07771 397242
Bournemouth Housing Support Team	01202 458929

If you'd like to help a local rough sleeper locally perhaps offer them a copy of this information so they can access the help and support they need

**Rough Sleepers Drop-in**

No.	Drop-in	Venue	Opening Hours	Contact	Notes
1	Rough Sleepers Drop-In	St Stephen's Church Hall (small room) St Stephen's Way, Bournemouth BH2 6JZ	Mon-Fri 9am – 10am	01202 315962	Support: verification, connection, help & advice, phone charging and hot drinks
2	The BH1 Project	107 Palmerston Road, Boscombe, BH1 4HP	Mon-Fri 10am - 4.15pm	07837 363712	Includes: washing machine, showers, activities, help and advice



**Food Banks**

No.	Food Bank	Venue	Opening Hours	Contact
1	Bournemouth	Suite 5, Wessex House, St Leonard's Road, Charminster, BH8 8QS *visitors please come to the back alley in Stewart Road	Mon -Thurs 11.30am – 12.45pm Weds 7.30pm – 8.40pm	01202 900979
2	Boscombe	St George's Methodist Church, 118 Haviland Road, Boscombe, BH7 6HW	Tues – Fri 12.30pm – 2.30pm	07434 727542
3	Winton	Bournemouth Community Church – Life Centre, 711-715 Wimborne Road, Moordown BH9 2AU	Mon – Fri 10am - 12pm	01202 530265
4	Kinson & West Howe	St Andrews Church Centre, Millhams Road, Kinson BH10 7LN	Mon, Weds & Fri 12pm – 4pm	01202 911647
5	Southbourne	Immanuel Church, 120 Southbourne Road, Southbourne BH6 3QJ	Mon 3pm – 4.30pm Weds 10.30am - 12pm	07517 507221

## Free Meal Provision

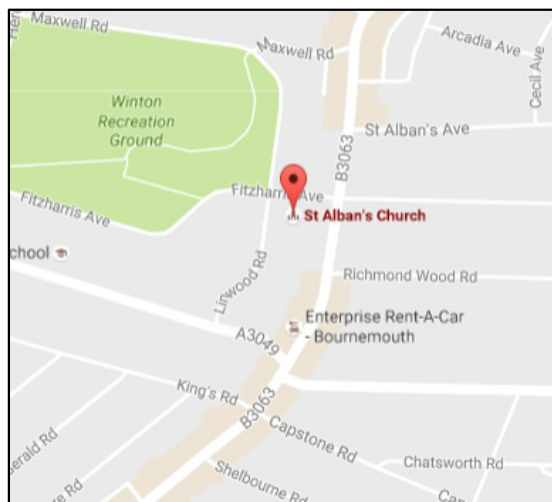
\*Toilets/sinks available (please note clothing and toiletries may be available)

Day	Time	Site	Where	Inside/Outside	Organisation
Mon	6.30pm – 7.30pm	A	St Peter's Church, St Peter's Road (opposite Beales)	Seasonal*	Salvation Army
Tues	11.45am – 1.45pm	B	St Augustin's (side hall) Cemetery Junction	Inside*	In Touch – Lansdown Church
Tues	6.30pm – 7.30pm	C	St Andrew's URC, St Stephen's Road, Richmond Hill	Outside	Hope for Food
Weds	6.30pm – 7.30pm	D	Cotlands Road car park	Outside	Father's House, BCC & Citygate
Thurs	6.30pm – 7.30pm	C	St Andrew's URC, St Stephen's Road, Richmond Hill	Outside	Hope for Food
Fri	8.30am – 10.30am	E	West Cliff Baptist Church	Inside*	In Touch – West Cliff Baptist Church
Fri	11.45am – 1.45pm	B	St Augustin's (side hall) Cemetery Junction	Inside*	In Touch – Lansdown Church
Fri	6.30pm – 7.30pm	A	St Peter's Church, St Peter's Road (opposite Beales)	Outside*	Salvation Army
Sat	6.30pm – 7.30pm	F	St Alban's Church, Linwood Road, Charminster	Inside*	Hope for Food
Sun	7pm – 8pm	D	Cotlands Road car park	Outside	Rotaract

## Bournemouth Town Centre Map



## Charminster Map



### Support for Ex-Service Personnel

Homes for Heroes – Cotlands car park  
Saturdays 8am – 10am – Venue D

Hot drinks, bacon rolls, clothes and support  
for any rough sleeper.

### Specialist support for housing ex-service personnel

Head office: 0207 2376 363

Local team: 07806 827574

## Health Services for Homeless People

Day Centre St Paul's Hostel, 10 St Paul's Lane, Bournemouth (01202 587160)

Service	Day	Time
Doctor	Monday – Friday	12.30pm
Mental Health Nurse	Tuesday	8.30am onwards
Needle Exchange	Monday & Wednesday	9.30 – 11.30
Blood Borne Virus Nurse	Thursday	10.30 – 12.30
Dentist	Monthly	Contact staff for dates
BCAT (addictions Team)	Tuesday & Thursday	10.30 – 12 noon
Open Access (help with alcohol and substance abuse)	Monday	12 noon – 2pm